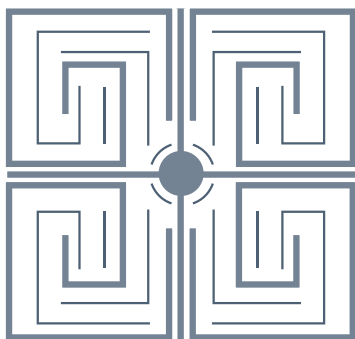


CARLO IV

WELLNESS & SPA



SPA

MENU



BODY MASSAGES

SWEDISH

All-time favourite classic massage with light, medium or strong pressure.

60 min CZK 2700

90 min CZK 3400

DEEP TISSUE

Invigorating therapeutic massage using the strength of elbows and forearms.

60 min CZK 3000

90 min CZK 3900

LAVA STONE

Detoxifying relaxing massage with hot lava stones.

60 min CZK 2800

90 min CZK 3500

AROMA HERBS

Essential oil massage for body and soul relaxing experience.

60 min CZK 2800

90 min CZK 3500

ROYAL TREATMENT

Exclusive synchronized four hands massage for deep relaxation.

60 min CZK 4100

SPA ENHANCEMENTS

BODY SCRUB

Relaxing exfoliation of your body for silky smooth skin.

30 min CZK 1600

60 min CZK 2500

HEAD MASSAGE

Perfect anti-stress treatment to calm your mind.

30 min CZK 990

FOOT MASSAGE

Express recovery treatment for tired and achy feet.

30 min CZK 1300

Visit our sauna or steam room before your massage. The heat softens the muscle tissues allowing for a deeper massage.



FACIAL TREATMENTS

SUBLIME SKIN DELUXE LIFT

Luxurious anti-aging treatment with double-peel, lifting mask and a gentle massage.

75 min CZK 3200

90 min CZK 4300

RECOVER AROMA TOUCH

Antioxidant nourishing treatment for radiant and healthy skin.

60 min CZK 2900

90 min CZK 3800

DEEP CLEANSE

Manual pores cleansing followed by a purifying mask.

60 min CZK 2900

90 min CZK 3800

GENTLEMEN ONLY

Energizing facial treatment for vital and healthy skin of all men.

60 min CZK 2900

90 min CZK 3800

CARLO IV SIGNATURE

Customized facial treatment to suit the needs of oily, dry or sensitive skin.

60 min CZK 2900

90 min CZK 3800

BODY TREATMENTS

BODY STRATEGIST

Full body peeling followed by deep press bandages and anti-cellulite massage.

90 min CZK 3800

GROTTA GIUSTI

Slimming and detoxifying body treatment using the power of thermal mud.

60 min CZK 3200

*We offer exclusive memberships with interesting benefits.
Please ask at our spa reception desk for more information.*



SPA PACKAGES

COUPLES MASSAGE

Massage for two in couples treatment room
(Swedish/Aroma/Lava).

60 min CZK 5100

90 min CZK 6200

SPA ESSENTIAL

Our favourite package of classic Swedish massage
and sixty-minute facial treatment.

120 min CZK 4900

CARLO IV JOURNEY

Body scrub followed by ninety-minute Swedish massage
and sixty-minute facial treatment for your ultimate
relaxation and well-being.

180 min CZK 6800

SLIMMING & FIRING PLAN

Three day package including an appointment with
a nutritionist or personal trainer, a thermal mud wrap
treatment and two intensive slimming treatments.

300 min CZK 10400

ACTIVITY

YOGA

Relax your mind and stretch your body (limited capacity!)

Current schedule available at our website
or our reception. Please book in advance,
latest by 6:00 pm the day before.

60 min scheduled group class CZK 260 / person

60 min individual class CZK 750 / person

PERSONAL TRAINER

Individual workout session to get you in shape.

60 min CZK 1500

MORNING RUN

Enjoy the charm of morning Prague
with our local run instructors.

1 person 60 min CZK 500

group 60 min CZK 350

*We use products by [comfort zone] for all body and facial
treatments. Retail products from [comfort zone] are avail-
able at the spa reception.*



OTHER

GIFT CARDS

Nicely presented and personalized gift cards are available for a single treatment, combination of treatments, spa entry, or for a specific value, allowing the recipient to choose their treatment(s).

FRESH BAR AT THE POOL

We offer a variety of drinks including tea, coffee, fresh juices served by the pool.

PRIVATE EVENTS AND GROUPS

Hold your event or enjoy our spa with a group of friends. *For group inquires of five and more people, please contact our Spa Sales Manager at +420 778 449 070.*

SPA ARRIVAL

We recommend that you arrive at least 30 minutes prior to your appointment to allow time to change and complete a health questionnaire. Please note that late arrivals will not receive an extension of the treatment.

CANCELLATION POLICY

Please allow 24 hours notice of cancellation to avoid charges. Cancellations within 24 hours will incur 50% charge. Cancellation on the day of the treatment or a no show will incur a 100% charge. A credit card number is required at the time of booking.

OPENING HOURS
7:00 am – 10:00 pm

No children (0-15 years) allowed after 6:00 pm

Reserve your treatment at the Spa reception

Spa Reception Phone: +420 778 449 045

From your room dial: 4020

Email: spa.carloIV@dahotels.com

SPA ENTRY FEE

Two-hour spa entry included in the price of any 60-minute
or longer treatment

Visitors CZK 990 / 2 hours

Every additional commenced hour CZK 400

Hotel guests CZK 260 between 5:00 pm – 8:00 pm

Carlo IV Wellness & Spa

Address: Senovážné náměstí 13, 110 00 Prague 1

www.carloivspa.com