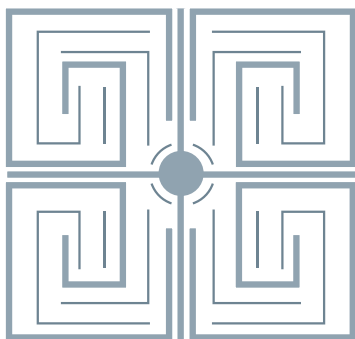


# CARLO IV

WELLNESS & SPA



# SPA

MENU



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## BODY MASSAGES

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### SWEDISH

All-time favourite classic massage with light, medium or strong pressure.

**60 min CZK 3200**

**90 min CZK 4100**

### DEEP TISSUE

Invigorating therapeutic massage using the strength of elbows and forearms.

**60 min CZK 3400**

**90 min CZK 4400**

### LAVA STONE

Detoxifying relaxing massage with hot lava stones.

**60 min CZK 3200**

**90 min CZK 4100**

### AROMA HERBS

Essential oil massage for body and soul relaxing experience.

**60 min CZK 3200**

**90 min CZK 4100**

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## BODY RITUALS

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### TRANQUILLITY PRO-SLEEP

Deeply calming full body treatment with aromatic essential oils applied to the body by special massage brushes.

**60 min CZK 3400**

**90 min CZK 4200**

### HIMALAYAN SALT RITUAL

Unique detoxification treatment with salt scrub and wrap stimulates metabolism, relieves muscular tension and improves blood circulation. Recommended also during weight reduction programmes.

**90 min CZK 4400**

### BODY SCRUB

Relaxing exfoliation of your body for silky smooth skin.

**30 min CZK 1800**

**60 min CZK 2600**

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*Visit our sauna or steam room before your massage. The heat softens the muscle tissues allowing for a deeper massage.*



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## FACIAL TREATMENTS

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### **SUBLIME SKIN DELUXE LIFT**

Luxurious anti-aging treatment with double-peel, lifting mask and a gentle massage.

**75 min CZK 3800**

**90 min CZK 4800**

### **RECOVER AROMA TOUCH**

Antioxidant nourishing treatment for radiant and healthy skin.

**60 min CZK 3400**

**90 min CZK 4200**

### **DEEP CLEANSE**

Manual pores cleansing followed by a purifying mask.

**60 min CZK 3400**

**90 min CZK 4200**

### **GENTLEMEN ONLY**

Energizing facial treatment for vital and healthy skin of all men.

**60 min CZK 3400**

**90 min CZK 4200**

### **CARLO IV SIGNATURE**

Customized facial treatment to suit the needs of oily, dry or sensitive skin.

**60 min CZK 3400**

**90 min CZK 4200**

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## BEAUTY RITUALS

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### **PARAFFIN HAND WRAP**

Softens your hands, ideal in winter.

**15 min CZK 600**

### **PARAFFIN BACK WRAP**

Helps relieve the back pain.

**30 min CZK 900**

Our tip: Add our softening paraffin treatment to any facial or body massage for a discounted price.

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*We offer exclusive memberships with interesting benefits. Please ask at our spa reception desk for more information.*



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## SPA PACKAGES

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### COUPLES MASSAGE

Massage for two in couples treatment room  
(Swedish/Aroma/Lava).

**60 min CZK 6200**

**90 min CZK 7900**

### SPA ESSENTIAL

Our favourite package of classic Swedish massage  
and sixty-minute facial treatment.

**120 min CZK 5700**

### CARLO IV JOURNEY

Body scrub followed by ninety-minute Swedish massage  
and sixty-minute facial treatment for your ultimate  
relaxation and well-being.

**180 min CZK 7900**

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## ACTIVITY

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### YOGA

Relax your mind and stretch your body, (Limited capacity!)

Current schedule available at our website  
or our reception. Please book in advance,  
latest by 6:00 pm the day before.

**60 min scheduled group class CZK 350 / person**

**60 min private class CZK 990**

### PERSONAL TRAINER

Individual workout session to get you in shape.

**60 min CZK 1800**

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## GIFT

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### GIFT CARDS

Nicely presented and personalized gift cards are  
available for a single treatment, combination of  
treatments, spa entry, or for a specific value, allowing the  
recipient to choose their treatment(s).

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*We use products by [ comfort zone ] for all body and facial  
treatments. Retail products from [ comfort zone ] are avail-  
able at the spa reception.*



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## DRINKS

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### **FRESH BAR AT THE POOL**

We offer a variety of drinks including tea, coffee and fresh juices served by the pool.

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## PRIVATE EVENTS AND GROUPS

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### **PRIVATE EVENTS AND GROUPS**

Hold your event or enjoy our spa with a group of friends.  
*For group inquiries of five and more people, please contact our Spa Manager at +420 778 449 060.*

### **SPA ARRIVAL**

We recommend that you arrive at least 30 minutes prior to your appointment to allow time to change and complete a health questionnaire. Please note that late arrivals will not receive an extension of the treatment.

### **CANCELLATION POLICY**

Please allow 24 hours notice of cancellation to avoid charges. Cancellations within 24 hours will incur 50% charge. Cancellation on the day of the treatment or a no show will incur a 100% charge. A credit card number is required at the time of booking.

**OPENING HOURS**  
**7:00 am – 10:00 pm**

No children (0-15 years) allowed after 5:00 pm

Reserve your treatment at the Spa reception

Spa Reception Phone: +420 778 449 045

From your room dial: 4020

**Email: [spa.carloIV@dahotels.com](mailto:spa.carloIV@dahotels.com)**

**SPA ENTRY FEE**

One-hour spa entry included in the price of any 60-minute  
or longer treatment

Visitors CZK 1190 / 2 hours

Every additional commenced hour CZK 400

Hotel guests CZK 260 between 5:00 pm – 8:00 pm

**Carlo IV Wellness & Spa**

Address: Senovážné náměstí 13, 110 00 Prague 1

**[www.carloivspa.com](http://www.carloivspa.com)**